



Welcome to the world of Isagenix... in the Woman's Way!



“ There are the predicaments we get to dance with over the course of our lives. Finding and practicing a pathway to navigate through the waters of predicaments allows us to shine, grow and consciously become more wholly ourselves. What finer thing in life can exist than to be who we truly are through conscious, mindful, joyful, honest expressions and actions in daily life? We need vitally healthy bodies for optimum expression!

—Connor Sauer



It is with great pleasure that we welcome you to the world of Isagenix! We desire to build a strong “support web” for women who choose to melt into a place of magnificence in body and health using this system. By cleansing at the cellular level the Isagenix system gently helps us to shed weight which it does VERY well! It is also an opportunity to generate income and it does that VERY well too!! Isagenix anchors one’s efforts toward a ‘whole being’ makeover. From this comes an ever greater benefit which is unique to Woman’s Way and that is the connection with others with a renewed feeling of harmony between one’s life and life’s purpose. And we know that WE can do that VERY well!!

The “support web” concept was born from many decades of being in circles with women. Through watching, hearing, empowering, teaching, learning from, working alongside, creating and collaborating with women, we began finding a pathway that allows soul its depth of expression in daily life.

One of the things we have noticed in our own lives and those of many women is the predicament of disharmony between our inner and outer life. We often serve others with far more attention and energy, leaving self-care, self-development and self-celebration out of our daily choices. At some point we wake up and ask “What happened to me?” Often we find ourselves carrying extra weight. We might not be aware of how this has diminished our self-esteem. Our relationships are not working well and we can’t find that partner or group our soul yearns to share life with. We also might be experiencing a disconnect in our life’s work—or in what we are doing with our lives to connect in meaningful ways. The world appears to be in chaos and no one seems to care about our well-being. Finding OUR place, OUR way of contribution, a path of pleasure and joy seems impossible! We want our lives to count! What’s next?

In the mid 1970’s a friend of mine was studying with a man named Dr. Bernard Jensen. We discussed the arenas of health, nutrition, weight and their relationship to consciousness because we were students of nutrition, meditation and inner awakening. We understood “awakening” as the process by which we became conscious of consciousness. The conclusion we came to: We can affect our health through a shift in consciousness, or we can affect our consciousness through a shift in health. Either way has merit and can produce results. It is a matter of choosing, making a commitment and becoming the change we desired!

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“What’s Next” then, is the choice to start within ourselves or to look to the external world and move towards conscious coherence between the two. When we choose high quality, nutrient dense foods and beverages our willpower, energy and mindset are in alignment and more available for conscious coherence. These choices strengthen us. When we choose to ingest foods and beverages that are empty in nutrient value, those finer qualities in us are diminished or they disappear. There is no support, no substance to draw upon. Our “inner bank account” is bankrupt. These choices weaken us. Isagenix is a simple and elegant system in which we attain and anchor fundamental healthy change.



Change grows and blossoms through deep attention to small, daily choices.

Change IS female energy—as women our bodies change monthly. Menopause—The Change—dramatically emphasizes that we are all about change. The attention to small, daily choices creates connection and value and it keeps us consciously in each moment. Connection and value are the way of the hearth, the way of women. It is the Woman’s Way. It is the way of sustaining the natural world. It is what grows magnificent fruit. We choose moment by moment that which strengthens us.

Our world moves fast and furiously and most often appears to be about competition. Being the biggest, the best, the most important, winning, winning, winning! Look at me! Look at me! Look at me! We each have come to understand that although that seems to be the way most of the world of business and money work, and many use it with success, it is not the only way. We offer another way that is more in sync with the feminine natural rhythms. Fast and furious action is generally found in nature in the masculine, dynamic aspect of expression, such as in hunter-predator species where survival depends upon immense speed, where food and other resources are limited and competition is brisk or natural disasters where quick and sustained action determines survival. Diamonds form slowly. Oak trees grow slowly.

A Woman’s Way Support Web is just such an organic framework. Like nature’s version, webs are woven, and re-woven when worn or broken. There is a fabric made that is rather extraordinary when we become aware that weaving and moving forward can happen all at once, through connections of threads.

Isagenix in the Woman’s Way is committed to unfolding excellence through deep connection with the process of using the products and supporting women who have chosen the same commitment to self. Out of that naturally comes the monetary support to keep tilling the soil, planting the seeds, watering and weeding the garden of possibility. Strong plants are grown to produce fabulous, juicy-fruit Selves of Being. We then enjoy ourselves and feed the world at the same time.

Our “Support Web” is there to assist each of us as we venture “in and then out” to claim our lives. It is also there as part of our collective business web and establishing passive income for all of us. We aren’t competing with each other. We are ensuring that all receive the financial benefits of Isagenix’s powerful business model.

Welcome, enjoy, partake and receive. We are here to serve your choice for unfolding your personal excellent and magnificent life. Isagenix is a wonderful foundation for embodied health, through which your expression is shared. Without your body you don’t get to “do or be”! Let’s become and stay awake, radiant and healthy! Let’s uncover the women we really are! The world needs and deserves all of our greatness in each moment!

We invite you to join Isagenix in the Woman’s Way.



We are all in this together.
Develop the joy of being in body.
Our body is of the Earth.
Let us together honor both.

Call or email the women listed here for more information. Or go to our websites and click on **Contact Me**. We can't wait to hear from you!

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